

Memoreal Anteonis 26: Session: 1: COACH evaluation sheet for TEAM: 11-049

Coachinfo: Warming up from: 08:00 untill 08:50.

Teamleadmeeting @ 08:45

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:9, starttime: 09:10
Heat: 9/11 Lane : 9 Athlete: KRISPIJN LISA			Q-time: 00:41:11
PB (25m pool): 41.11 Sint-Amandsberg 19 okt 2025			PB (50m pool): 42.72 SB:
	2 5 M	5 0 M	
PB		41.11	
	41.11		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:7, starttime: 09:32
Heat: 7/16 Lane : 9 Athlete: TROOST JAYLYNN			Q-time: 00:33:56
PB (25m pool): 32.76 Papendrecht 10 feb 2024			PB (50m pool): 33.48 SB:
	2 5 M	5 0 M	
PB		32.76	
	32.76		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:8, starttime: 09:33
Heat: 8/16 Lane : 1 Athlete: KRISPIJN LISA			Q-time: 00:32:61
PB (25m pool): 32.61 Sint-Amandsberg 18 okt 2025			PB (50m pool): 32.52 SB:
	2 5 M	5 0 M	
PB		32.61	
	32.61		
			

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:4, starttime: 09:57
Heat: 4/11 Lane : 6 Athlete: TROOST JAYLYNN			Q-time: 00:39:37
PB (25m pool): 39.37 Barendrecht 1 feb 2025			PB (50m pool): 42.77 SB:
	2 5 M	5 0 M	
PB		39.37	
		39.37	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:8, starttime: 10:28
Heat: 8/11 Lane : 9 Athlete: KRISPIJN LISA			Q-time: 00:37:46
PB (25m pool): 37.46 Rozenburg 3 mei 2025			PB (50m pool): 38.22 SB:
	2 5 M	5 0 M	
PB		37.46	
		37.46	
			

Coach feedback: